# GENOMAS HILOmet PhyzioType System: Personalizing Patient Care with Gene-based Decision Support for Prescribing Neuro-Psychiatric + Cardio-Metabolic Drugs

The **HILO***met* **Phyziotype**<sup>®</sup> **System** offers clinicians the ability to personalize drug therapy and increase safety and compliance in the most challenging cases:

- Patients experiencing drug intolerance, side effects, treatment resistance or therapeutic failure to medications
- Patients treated with combinations of medications or medical devices
- Children, adolescents, the elderly and the infirm
- Patients hospitalized or with multiple medical conditions

The assays are non-invasive and require only a blood sample or buccal swab.

The **Personalized Health Portal**<sup>©</sup> provides clinicians access to real-time information for gene-guided prescription of 250 drugs widely used in medicine:

- 130 Neuro-Psychiatric
   Drugs: antidepressants, pain, antipsychotics, stimulants, addiction, anticonvulsants, neurodegenerative, anxiolytics, sleep
- 120 Cardio-Metabolic
   Drugs: hypertension,
   cholesterol, diabetes, gastric
   reflux, asthma, erectile
   dysfunction, angina,
   antithrombotics, heart failure



- Timesaving, user friendly, password protected, interactive web interface for decision support
- Benchmarking of innate drug metabolism function for each patient with comparisons to the population using 4 quantitative indices
- Drug interactions assessed via interactive display
- Clinician-customized archive of patient reports and drug selections + dosing
- Objective results, evidence-based predictive analyses and rapid turnaround of 3 business days

**TO ORDER:** Test Requisitions + Sample Reports available at <u>www.genomas.com/LPH</u> Laboratory of Personalized Health, Genomas Inc., 67 Jefferson Street, Hartford, CT 06106 TEL: (860)-545-4589 FAX: (860)-545-4598 <u>LPH@genomas.net</u> <u>www.genomas.com</u>

## The HILOmet PhyzioType System.

Deployment of the HILO*met* PhyzioType allows personalized management of drugs to treat mental illness, neurological disorders, disease. diabetes, and heart Based on Genomas clinical studies and case reports, the PhyzioType offers interpretative HILOmet guidance to assess the functional status of a patient's drug metabolism in order to establish functionalities and deficiencies. Clinicians are then guided to make prescribing decisions based on knowledge of those metabolic HILO*met* capabilities and deficits. The PhyzioType System enables clinicians to select the drug with the least risk and superior efficacy based on data derived from the patient's own genome.

## <u>GPS</u>

#### **GENETIC PRESCRIPTION SYSTEM**

Similar to Global Positioning Systems (GPS) used in vehicles today to help us reach our intended destinations, the HILOmet PhyzioType System enables a Genetic Prescription System to be implemented from correlations of gene variation and drug response outcomes. This drug GPS leads clinicians and patients to their desired treatment goal, resulting in effective and individualized healthcare.

Using the HILO*met* PhyzioType's combinatorial genotyping, the innate metabolic capacity of the patient can be predicted and diagnosed simply from a blood sample or buccal swab. Patients intolerant to these drugs or refractory to treatment can be



benchmarked for their drug metabolism function and innate reserve. Therapy can be directed to drugs whose primary metabolic pathway is functional, while avoiding drugs with the most risk, whose primary metabolic pathways are deficient, null or ultra-rapid.

The guidance provided by the HILOmet PhyzioType markedly improves the safety and efficacy of drug therapy by providing:

- High-resolution combinatorial genotyping of a total of 37 variants in genes *CYP2D6, CYP2C9* and *CYP2C19* (20, 7, and 10 alleles, respectively)
- Well-characterized ultra-rapid promoter alleles for genes CYP2D6 and CYP2C19 (\*2a and \*17, respectively) conferring gain of metabolic function in carriers
- Objective Indices for Metabolic Reserve and Alteration , Allele and Gene Alteration
- Interactive Drug Interactions utility allowing the clinician's review of other medications jointly prescribed with recalculation of the therapeutic guidance

**Personalized Health Portal (PHP).** The PHP integrates the patient's innate drug metabolism capacity as determined by the HILO*met* PhyzioType with pharmacokinetic information available from Genomas clinical studies, the FDA, drug manufacturers and pharmacogenetic databases. It guides clinicians to prescribe the drugs most beneficial for that patient and provides that guidance through an online, interactive secure portal.



### Laboratory of Personalized Health (LPH). Established in 2005 as a

Division of Genomas, LPH is a high-complexity clinical DNA testing center. LPH is certified by the Centers for Medicare and Medicaid Services (CMS) under CLIA (Clinical Laboratory Improvement Amendments, ID #07D1036625) and licensed by the Connecticut Department of Public Health (license #CL-0644) and by the Rhode Island Department of Health (license #LCO-00591). HILOmet PhyzioType has been used by more than 400 clinicians in Connecticut who have referred nearly 4,000 patients (as of September 2012).



**Extensive Research and Publications.** Genomas technology has been developed in partnership with the Institute of Living and Hartford Hospital, a major research-based New England medical center. The HILO*met* PhyzioType has been extensively published and presented at professional meetings. The Personalized Health Portal is copyrighted. A patent is pending on the HILO*met* PhyzioType.

#### GENOMAS PUBLICATIONS: Selected Research Articles, Case Reports, Presentations, Patent, Copyright

- 1. Ruaño *et al.* High Prevalence and Significant Pharmacokinetic Implications of the CYP2C19 Gain-of-Function Allele \*17 in Psychotropic-treated Patients. *American Psychiatric Association, Annual Meeting,* 2012
- 2. Rai *et al.* CYP2C19 Genotype-Guided Antiplatelet Therapy in a Patient with Clopidogrel Resistance. *Connecticut Medicine*, 76 (5): 267-272, 2012
- 3. Windemuth *et al.* Validation of Candidate Genes Associated with Cardiovascular Risk in Psychiatric Patients. *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, 36 (2): 213-219, 2012
- 4. Villagra *et al.* Novel Drug Metabolism Indices for Pharmacogenetic Functional Status Based on Combinatorial Genotyping of CYP2C9, CYP2C19 and CYP2D6 Genes. *Biomarkers in Medicine*, 5 (4): 427-438, 2011
- 5. Ruaño *et al.* Physiogenomic Analysis of *CYP450* Drug Metabolism Correlates Dyslipidemia with Pharmacogenetic Functional Status in Psychiatric Patients. *Biomarkers in Medicine*, 5 (4): 439-449, 2011
- 6. Landino et al. Guidance of Pharmacotherapy in a Complex Psychiatric Case by CYP450 DNA Typing. Journal of the American Academy of Nurse Practitioners, 23 (9):459-463, 2011
- 7. Ruaño *et al.* Dyslipidemia in Psychotropic-treated Patients correlates with Combinatorial CYP450 Drug Metabolism Indices. *American Psychiatric Association, Annual Meeting,* 2011
- 8. Ruaño G et al. Physiogenomic Method for Predicting Antidepressant and Anxiolytic Drug Metabolic Risk. U.S. Patent Application Publication US 2011/0098186A1, 2011
- 9. Ruaño G et al. Longer Hospitalization Associated with Combinatorial CYP450 Metabolism Deficiencies. American Psychiatric Association, Annual Meeting, 2010
- 10. Namerow *et al.* Antidepressant-induced Mood Dysregulation: Association with CYP450 Alterations. *American Academy of Child and Adolescent Psychiatry, Annual Meeting, 2010*
- 11. Seip et al. Implementing genotype-guided antithrombotic therapy. Future Cardiology, 6 (3): 409-424, 2010
- 12. Ruaño. Personalized Health Portal. Copyright Registration Number VA 1-797-692, 2010
- **13**. Ruaño *et al.* Utilization of Psychiatric Services is Associated with Pharmacogenetic Variation and Metabolic Deficiencies. *American Psychiatric Association, Annual Meeting,* 2009
- 14. Ruaño et al. Combinatorial CYP450 for Depressed Patients. American Psychiatric Association, Annual Meeting, 2008
- 15. Ruaño *et al.* Increased Carrier Prevalence of Deficient *CYP2C9, CYP2C19* and *CYP2D6* Alleles in Depressed Patients Referred to a Tertiary Psychiatric Hospital. *Personalized Medicine*, 5 (6): 579-587, 2008
- 16. Ruaño *et al.* High carrier prevalence of combinatorial *CYP2C9* and *VKORC1* genotypes affecting warfarin dosing. *Personalized Medicine*, 5 (3): 225-232, 2008
- 17. LaSala *et al.* Integrating Genomic Based Information into Clinical Warfarin (Coumadin<sup>®</sup>) Management: An Illustrative Case Report. *Connecticut Medicine*, 72 (7): 399-403, 2008
- 18. Ruaño et al. CYP Genotyping in Patients Treated for Depression. American Psychiatric Association, Annual Meeting, 2007
- 19. Ruaño *et al.* Somatic Complications of Psychotropic Medications in a Patient with Multiple CYP2 Drug Metabolism Deficiencies. *Connecticut Medicine*, 71: 197-200, 2007
- 20. Ruaño et al. Physiogenomic Comparison of Weight Profiles of Olanzapine- and Risperidone-Treated Patients. *Molecular Psychiatry*, 12: 474- 482, 2007
- 21. Ruaño et al. Physiogenomic Association of Statin Myalgia to Serotonin Receptors. Muscle & Nerve, 36: 329-335, 2007
- 22. Ruaño *et al.* High carrier prevalence of deficient and null alleles of CYP2 genes in a major USA hospital: Implications for personalized drug safety. *Personalized Medicine*, 3 (2): 131-137, 2006